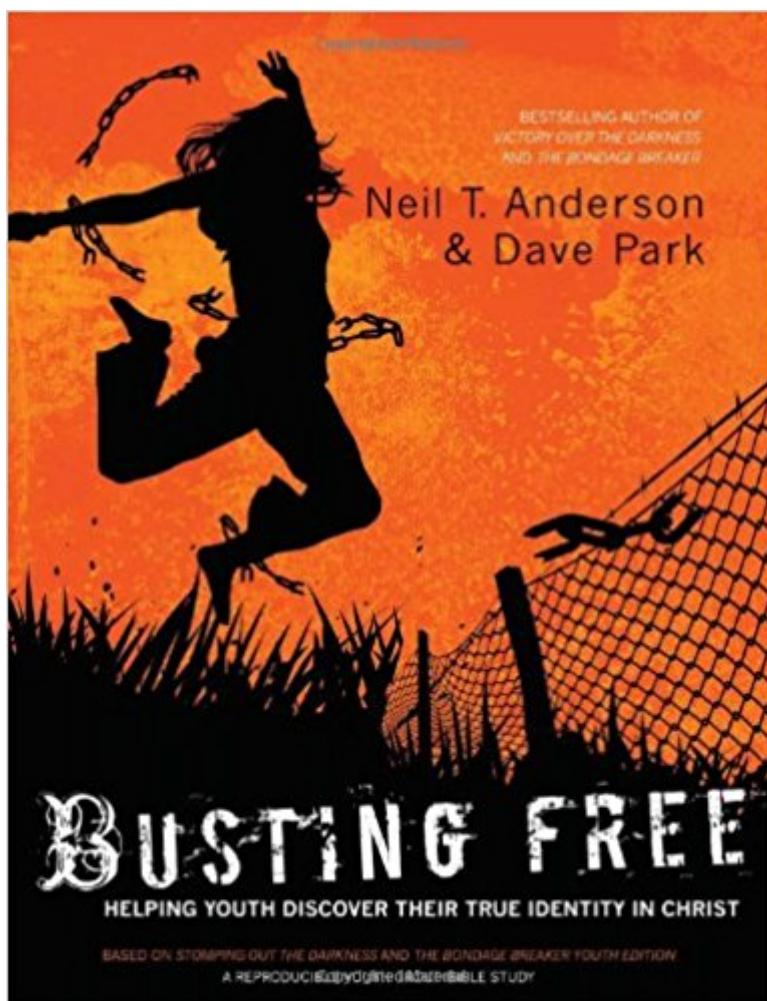


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# Busting Free: Helping Youth Discover Their True Identity In Christ



## Synopsis

Now youth leaders can free teens to find biblical solutions to the spiritual and emotional wounds that cripple their self-esteem and confuse their identity! Through Busting Free, a dynamic youth study based on the bestselling books Stomping Out the Darkness and The Bondage Breaker Youth Edition, youth can grab hold of their true identities. In 13 sessions, they'll learn how to recognize and overcome spiritual deception, how to the authority God gives to all believers, and how to take the steps to claim their freedom in Christ! This study includes reproducible student pages, a spiritual healthy survey, the Steps to Freedom in Christ designed for teens, and much more.

## Book Information

Paperback: 176 pages

Publisher: Gospel Light (February 18, 2010)

Language: English

ISBN-10: 0830747923

ISBN-13: 978-0830747924

Product Dimensions: 11.7 x 8.4 x 0.7 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 6 customer reviews

Best Sellers Rank: #2,291,208 in Books (See Top 100 in Books) #42 in Christian Books & Bibles > Churches & Church Leadership > Church Materials #1357 in Christian Books > Christian Books & Bibles > Children's & Teens > Teens #1449 in Christian Books > Christian Books & Bibles > Ministry & Evangelism > Youth Ministry

Age Range: 12 and up

Grade Level: 7 - 12

## Customer Reviews

The enemy doesn't discriminate based on age, and those who care about teens can't afford to, either! Arm them against Satan's lies with the truth about who they are in Christ. There is a biblical cure for the spiritual and emotional wounds that cripple teens' self-esteem and confuse their identity. In Busting Free, a dynamic youth study based on the bestselling books Stomping Out the Darkness and The Bondage Breaker Youth Edition, you'll find everything you need to help the kids in your group grab hold of their true identity. Through 13 flexible sessions, youth will learn how to recognize and overcome spiritual deception, to use the authority God gives all believers and to take the steps to claim their freedom in

Christ.Â Â

Neil T. Anderson is the founder and president emeritus of Freedom in Christ Ministries, president of Discipleship Counseling Ministries and a much sought after speaker on Christcentered living. He has 35 years of pastoral and teaching experience and was formerly chairman of the Practical Theology Department at Talbot School of Theology. Neil has authored and coauthored more than 50 best selling books on Christ centered living including The Bondage Breaker, Victory Over the Darkness, Daily in Christ, Getting Anger Under Control and Breaking the Bondage of Legalism.Â DR. DAVE PARK is the president and founder of His Passion Ministries. He has ministered to pastors, youth leaders, parents and students for over 20 years and has co-authored 12 best-selling books with Dr. Neil T. Anderson. Dave and NeilÂ¢â„¢s books have been nominated for the Gold Medallion award three times, and their workbook for teens, Busting Free, has been used in over 20,000 churches. Dave is married to Grace, has three children, four Siamese cats and a Scottie dog and lives in Knoxville, TN.Â Â

I teach a sunday school class of 7th and 8th grade student. This book was issued out to me and my co-teacher. We enjoy teaching from this book. It has good activities for the students and it has issues that relate to the youth.

Good book. Good experience with seller.

Busting Free really helps break down the Chapters in Stomping out the Darkness. The Step by Step instructions made planning lessons clear and fun! Youth group really enjoy the activities.

This is a great book to walk with students as they gain a perspective on their life as Jesus does. Worth the time reading & spending it with students

I am not really enjoying this book. It has some helpful parts, but overall, I am not finding it very useful. I teach the youth (7-12th grade) at my church, and have a teaching background, and I can say with certainty, most of the activities would not go over well if I tried to do them. For example, one page asks the leader to put students in pairs to share things like: "What I like best about me physically is..." "One thing spiritually that separates me from God is..." Etc. If your kids are extremely open, then maybe this would work for them, but I don't know any kids this age that would openly

share these things with honesty. Also, there are parts that say verses out of context that I think the kids would have a hard time with, such as "I am a slave to God, making me holy and giving me eternal life. (Romans 6:22)" and "Before a person becomes a Christian, that person is God's enemy and by nature a child of wrath. (See Ephesians 2:1-3)." I am not arguing about whether these are true, but rather, whether they are helpful, out of context, in teaching youth about who they are in Christ. Although I will say, the word enemy is not used in the NIV in those verses. So overall, there are some helpful parts, but I would not follow it as a curriculum, and am finding myself mostly supplementing and creating my own materials.

'Busting Free' by Neil T. Anderson and Dave Park is an easy-to-read book written specifically for the youth of today. The main aim of the book is for young people to find their identity in Christ, and as a result their life will change! 'The Bondage Breaker - Youth Edition' and 'Stomping Out Of Darkness' (also by Anderson and Park) complement this book, and can be read along side this book to help your understanding in issues such as "winning the battle for your mind" and "your authority in Christ". I strongly recommend this title, because when you know who you are in Christ you can experience the freedom He has to offer.

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